

support



educate





2015 Community Benefit Report









SATELLITE HEALTHCARE

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650.404.3600 800.357.8292 satellitehealth.com Since 1974, Satellite has helped each patient enjoy the best life possible through a complete range of dialysis therapy choices, personalized clinical services, and unparalleled early patient wellness education.

Satellite also supports the chronic kidney disease community through an enduring commitment to philanthropy and community service. This includes funding millions of dollars in research grants, sponsoring kidney walks nationwide, and volunteering time to raise kidney-health awareness.

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CKD and Public Health

Chronic Kidney Disease (CKD) is a serious and growing U.S. public health problem.

- 1 in 3 American adults is currently at risk for developing kidney disease.
- 26 million American adults have kidney disease -- and most don't know it.
- High blood pressure and diabetes are the two leading causes of kidney disease.
- Kidney disease is the 9th leading cause of death in the United States.
- Every year, kidney disease kills more people than breast or prostate cancer.
- Once the kidneys fail, dialysis or a kidney transplant is required.
- More than 661,000 Americans have kidney failure. Of these, 468,000 individuals are on dialysis and approximately 193,000 live with a functioning kidney transplant.
- Every day, 13 people die waiting for a kidney.¹

For more information on kidney, visit kidney.org/kidneydisease/aboutckd

¹ National Kidney Foundation website.

Our Community and Satellite Healthcare

Satellite's dedication to patient care extends beyond the doors of our centers. As a company and as individuals, Satellite teams donate money, time, and talent to help those living with kidney disease live the best, most joyful life possible.

In every corner of the organization, our employees support the CKD and greater community in hundreds of ways, including:

- Patient Financial Assistance
- CKD Research Funding
- Public and Patient Education
- State and Federal Legislative Advocacy
- Academic Institution and Student Training Support
- CKD Philanthropy and Community Service Partnerships

On the following pages, we invite you to learn more about specific programs Satellite proudly sponsors in support of our patients and the wider community.

Patient Financial Assistance

Satellite believe no one facing a serious chronic disease should also have to worry about how to pay for treatment and basic needs. Each year, Satellite provides more than three million dollars to help low-income uninsured and under insured patients get the healthcare and other services they need to live their best life possible.

Satellite Financial Assistance Program

Helping meet the needs of low-income uninsured and under insured patients is an important element of our commitment to the community. Annually, each patient is screened to learn if financial assistance is needed to cover all or part of the cost of his/her dialysis care.

Satellite Patient Trust Fund

Each Satellite patient care center has access to a Patient Trust Fund, which receives a significant donation by the company each January for the calendar year. In addition, the fund accepts tax-deductible donations from individuals and organizations including the National Kidney Foundation (NKF), private companies, Satellite staff, medical directors and referring physicians.

In 2015, the Trust Fund helped cover patient expenses for:

- Household essentials and nutritional supplements
- Urgent medical transportation
- Utility and phone bills

American Kidney Fund

The American Kidney Fund (AKF) was founded in 1971 to help a single individual with kidney failure pay for dialysis. Today, AKF is the leading source of direct financial aid to chronic kidney disease patients across the nation.

In 2015, the American Kidney Fund provided health insurance premium and other treatment-related financial assistance to more than 84,000, dialysis patients nationwide. Satellite Healthcare supports the AKF with regular annual donations to support its programs

CKD Research Funding

Satellite is recognized nationally as a major force in research improving standards of patient care as well as increasing each patient's quality of life. Each year, Satellite grants millions of dollars to fund applied research to help patients feel their best and live the most fulfilling life they can.

In-House Research

Satellite conducts and funds research focused on care delivery and process improvement that lead to findings that can rapidly be adopted and implemented across the CKD community. For a partial list of recently completed research efforts, visit satellitehealth.com/research.

Contract Research

An integral part of Satellite Research continues to be participating in phase II and III clinical trials with new promising products in the process of achieving FDA approval. Trials are chosen according to their applicability and likelihood to improve patient morbidity and mortality rates.

Coplon Extramural Grant

The Norman S. Coplon Extramural Grant Program has become one of the nation's largest private research endowments for kidney disease treatment. Since 2000, the program has funded over 15 million dollars in research to improve the lives of patients. The 2015 Grant recipients are:

Khaled Abdel-Kader, Vanderbilt University School of Medicine "Prediction Modeling in Older Adults with Advanced CKD"

Teresa Chen, The Johns Hopkins University School of Medicine "APOL1 Risk Variants and Cardiovascular Disease"

LaTonya Hickson, Mayo Clinic

"Functional Characteristics of Mesenchymal Stromal/Stem Cells in Diabetic Chronic Kidney Disease"

Colin Lenihan, Stanford University School of Medicine "HLA Sensitization in Patients Wait-listed for Kidney Transplant"

Rosemary Sampogna, Columbia University Medical Center "Circadian Clock Regulation of Nephron Morphogenesis During Development"

PUBLIC AND PATIENT **EDUCATION**

Preventive and CKD wellness information offers both the general public and CKD patients a better, healthier, and more fulfilling life. Year after year, at a company level and as individual employees, Satellite teams actively share information that can change lives.

Free CKD Wellness and Renal Replacement Therapy Classes

Through the WellBound Centers of Excellence, Satellite Healthcare provides free comprehensive dialysis options education programs as a way to improve the clinical and quality of life outcomes of CKD patients. These programs are designed as an adjunct to the care provided by community nephrologists and are focused in two specific areas: CKD wellness education and renal replacement therapy education.

Studies show pre-dialysis education affects the involvement of CKD patients in their health care. Patients are more likely to establish behaviors that are consistent with maintaining their health and deferring disease progression. This can take the form of embracing exercise, altering diets or monitoring and addressing important contributors to their disease.

WellBound's Better LIFE™ wellness education programs cover a variety of key topics relevant to CKD patients, including hypertension management, exercise, nutrition, stress reduction and cardiovascular risk assessment. Patients who take part in these classes have greater health literacy and are more engaged in their care, better prepared for choosing and starting a dialysis therapy, and more able to maintain a healthy lifestyle.

When it comes to selecting a treatment modality, WellBound provides CKD patients with education so that they, in collaboration with their physicians, can make informed decisions regarding dialysis options. By proactively preparing patients to make educated therapy decisions, Satellite Healthcare aims to reduce the persistently high rate of patients who begin dialysis in an emergency hospital setting.

Health Fairs and Other Community Events

Each year. Satellite offers cash and in-kind donations to support a range of health fairs and CKD education at community events. Most importantly, employees across our organization donate their time, expertise, and passion to staff booths, pass out flyers, and participate in health screenings. In 2015, Satellite participated in more than 20 of these events across the country.

Online Education

Pre-CKD Public Health Education

Satellite sponsors KidneysDoThat.org, a website that offers simple explanations on how kidneys work and tips on ways to take care of them for better health.

Patient Education and Support Resources

Satellite's company website was built with the express intent to provide new patients and their families with easy information and helpful links out to credible sources of additional information. To visit this section on the Satellite website, go to satellitehealth.com/for-patients-families.

Social Media in Support of Community Engagement

Rather than a channel to simply promote Satellite services, Satellite's Facebook page was created to provide the public with a reliable source of CKD community news and prevention and well-being tips as well as a place to celebrate community heroes and achievements. Visit our Facebook page at: facebook.com/satellitehealthcare.

State and Federal Legislative Advocacy

Satellite actively monitors legislation that might impact our patients. In addition, we proactively educate and inform elected officials on issues that impact kidney health as well as the CKD community.

Each year, Satellite actively participates with our trade associations, the Kidney Care Council (KCC), Kidney Care Partners (KCP) and the California Dialysis Council (CDC) to monitor and educate our community on both federal and state legislation.

Academic Institution and Student **Training Support**

Satellite supports the education of the next generation of healthcare professionals with a number of student programs as well as an endowed chair at Stanford University School of Medicine.

Stanford Nephrology Professorship and Research Fellowship

Satellite Healthcare collaborates closely with Stanford University School of Medicine to help train and inspire the next generation of CKD clinical and research professionals. This includes a nephrology professorship at Stanford School of Medicine.

Additionally, Stanford University Nephrology physicians-in-training spends some of their research fellowship time at Satellite Healthcare focused on dialysisrelated research and quality improvement projects for patient care delivery at Satellite.

Internships and Mentoring

Satellite provides a number of internship opportunities for nurses studying for careers in Nephrology. These internships were created to support a clinical ladder model offering ways for dedicated individuals to grow their careers from CCHT to RN. In our centers, interns receive the mentorship of highly experienced nephrology nurses. They are exposed to the continuum of CKD patient treatment options and develop the experience and knowledge to achieve their career goals.

Satellite Healthcare Children's Scholarship Fund

Satellite Healthcare Children's Scholarship Fund was created to assist the children of our employees achieve their higher education goals. In 2015, Satellite Healthcare awarded 21 scholarships from this fund.

These scholarships are awarded for full-time undergraduate study at any accredited two- or four-year college or university. Recipients are selected based on academic record, demonstrated leadership, participation in school and community activities, honors, work experience, and goals and aspirations as stated in the 500-word essay component of the application.

CKD Philanthropy and Community Service Partnerships

Satellite staff members serve in volunteer leadership roles on a range of community organizations. In addition, Satellite raises and donates millions of dollars in support of programs that support all CKD patients and their families.

Board and Active Member Participation

Satellite Healthcare staff members serve on the boards and as active members of the following organizations:

- California Dialysis Council (CDC)
- National Renal Administrator Association (NRAA)
- Kidney Care Partners (KCP)
- Kidney Care Council (KCC)
- American Dietetic Association Renal Practice Group
- American Association of Kidney Patients
- American Nephrology Nurses Association (ANNA)
- American Society of Nephrology (ASN)
- Council of Nephrology Social Workers (CNSW)
- Council on Renal Nutrition
- National Association of Nephrology Technicians/Technologists (NANT)
- National Kidney Foundation (NKF)
- Polycystic Kidney Disease Foundation (PKDF)
- Renal Physician Association (RPA)

Fundraising, Donations, and Sponsorship

Throughout our more than 40 years working with the NKF, Satellite has donated more than \$3.76 million to both national and state programs. In 2015, Satellite raised and donated over \$150,000 to the NKF. These funds, along with Satellite volunteers, supported a number of impactful programs including:

- The Quarterly Journal Club (Nephrologist Education)
- KEEP Healthy CKD Screening Clinics (Prevention)
- Your Kidneys & You Seminars (At-Risk Communities Prevention Education)
- Patient Education Symposiums
- Kidney Health Fairs
- 48th Annual Medical Symposium and CKD Workshops (Health Professional Education)
- Annual Authors' Luncheon (Fundraising Event)

Satellite Healthcare Overview

Our founder, Dr. Norman Coplon believed it was possible to provide personalized dialysis care in a friendlier, more comfortable environment closer to where patients live. His passion for patient care led him to form Satellite Healthcare in 1974 as a not-for-profit community benefit 501c3.

Satellite Puts Patients First

Our mission driven commitment means we offer patients more than dialysis treatments. Our teams ensure patients' receive holistic care and innovative services that help them live the best life possible.

Home Dialysis Leader

Satellite was an early adopter of home dialysis. We have the highest percentage of patients on home therapies, more than double larger competitors.

Satellite knows home dialysis. We know how to train patients and their families for success. This expertise delivers better outcomes to patients.

Research Investments That Make a Difference Now

As a successful nonprofit, Satellite's profits are used to fuel renal research. Satellite's \$150 million endowment supports applied clinical research.

Working in collaboration with partners across the country, our research projects focus on improving the lives of patients now

Satellite Healthcare teams work across the country and throughout our organization to provide our current and future patients the best possible quality of life.

Patients: 6800+

Employees: 1700+

Locations: 80+

(satellitehealth.com/locations)

Founded: 1974

History: Putting patients first (satellitehealth.com/history)

Mission: Making life better for those living with kidney disease

Values: Formalized by direct patient care employees, our shared company values are summarized in ICARE, an acronym employees across our organization embrace as an expression of our commitment to patients and each other.

